

HAWLEY LAKE SAIL TRAINING CENTRE

INFORMATION FOR COURSE PARTICIPANTS

Equipment: Buoyancy aids and wet-suits are provided on all courses but you are welcome to bring your own if you have them (our staff will check buoyancy aids for suitability). You'll need to bring a change of footwear; something with grip that you can get wet: Trainers and plimsolls are ideal... crocs, flip flops and wellies are not suitable. Swimsuits and towels are essential. The weather conditions will dictate what it's best to wear but it's worth having, light-weight, quick-drying layers... fleece and jersey fabrics are best. You may wish to bring waterproofs for wet weather. There are hot showers available at the end of the day. Please remember to bring sun-cream, hat and plenty of fluids in the heat and a warm hat and coat in cold weather.

Meals: The HLSTC Galley/Bar will be open over lunch times when courses are running. There is a selection of hot and cold snacks and drinks available. Pre-pay for lunches at the beginning of your course and then order at the start of each day with your instructor. Alternatively, you could bring a packed lunch... there are picnic benches on the terrace and club house seating.

Photography: We may on occasions take photographs or video footage of our courses and instruction, in which you may feature. By accepting the T&Cs on the booking system you are agreeing to these photos being used by HLSTC, unless you inform us in writing to the contrary. No photographs may be taken at HLSTC unless with permission from the principal

- All students will be given a safety brief at the beginning of the course and are expected to abide by our safety regulations.
- Students are advised not to leave valuables in the changing rooms, and there are small lockers available for this purpose. Expensive items that are not essential should be left at home.
- Cars are not permitted in club grounds except for disabled users.
- All course prices include the relevant certificates and logbooks which will be issued on successful completion of the course. Replacement logbooks and certificates can be purchased from the office, as can accompanying technical publications.
- The end of course de-brief will include details of our great membership offer, which gives a real saving on your first year if you join us. And remember... at HLSTC you don't have to buy a boat to go sailing!!

Finding us: We are on a private road accessible from the Minley Road. The turning is between the Gibraltar Barracks main entrance and the Crown & Cushion pub. There are signs for the Centre at the turning and we are at the end of the road. Plenty of parking outside our entrance gates. (NB. Sat-Nav directions based on our post code will take you to the Barracks main entrance)

HLSTC, 3 RSME Regiment, Gibraltar Barracks, Blackwater, Camberley, GU17 9LP